NORTHEAST NEBRASKA PUBLIC HEALTH DEPARTMENT

PUBLIC HEALTH PULSE



ISSUE #17

AUGUST 2026

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- AIR QUALITY INDEX PROGRAM



NNPHD PARTICIPATES IN THE WAYNE CHICKEN DAYS PARADE



NNPHD was thrilled to be a part of the annual Chicken Days parade in Wayne on Saturday, July 11th!

Not only did our float win for “Best Theme”, it was a beautiful day to be part of this amazing community event!







DEPARTAMENTO DE SALUD PÚBLICA DEL NORESTE DE NEBRASKA

PULSO DE SALUD PÚBLICA



NÚMERO 17
AGOSTO DE 2026

DENTRO DE ESTE NÚMERO

- DÍAS DE POLLO
- ALERTA MÉDICA
- AÑOS DE GRACIA
- VACUNAS PARA LA VUELTA AL COLE
- SEGURIDAD EN LA REGRESO A CLASES
- MERCADO DE AGRICULTORES
- PROGRAMA DE LIDERAZGO - PRÓXIMAMENTE
- PROGRAMA DEL ÍNDICE DE CALIDAD DEL AIRE



NNPHD PARTICIPA EN EL DESFILE DE WAYNE CHICKEN DAYS.



¡NNPHD estuvo encantado de formar parte del desfile anual de Chicken Days en Wayne el sábado 11 de julio!
¡Nuestra carroza no solo ganó el premio a la "Mejor Temática", sino que además fue un día precioso para formar parte de este increíble evento comunitario!

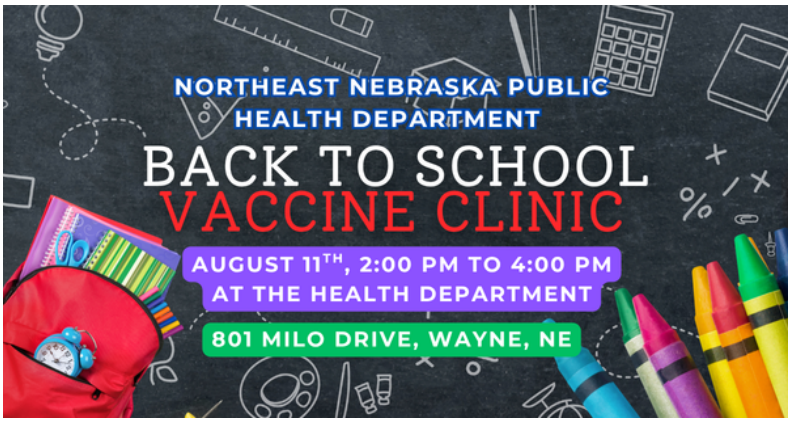


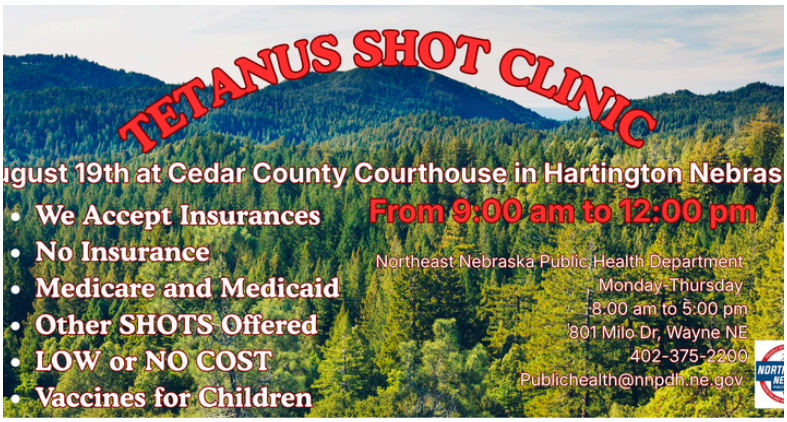




MEDIC ALERT AWARENESS MONTH

Medic Alert Awareness Month is recognized in August each year and is led by the Medic Alert Foundation, a non-profit organization that created the world's first universal medical identification system. The observance emphasizes the critical role of medical IDs, such as bracelets or necklaces, in providing first responders with vital information about conditions like diabetes, allergies, epilepsy, heart conditions, and dementia, especially when the wearer cannot communicate. Keep yourself protected! You can obtain a free medical alert bracelet through programs like MedicAlert's sponsored member program, certain insurance plans, veterans' services, or local senior and nonprofit organizations. Visit https://www.medicalert.org/free-medical-id/ for more information.





Back to School Safety!

Walking and Biking Safety
- Use sidewalks. If there is no sidewalk, walk on the left side facing traffic
- Cross only at marked crosswalks or intersections with crossing guards
- Look left, right and left again
- Put phones and devices away
- Wear a helmet when riding a bike

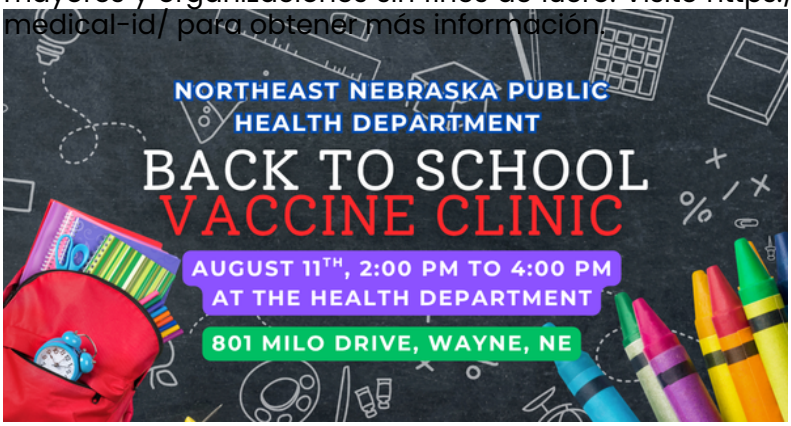
School Bus Safety
- Stand at least three steps back from the curb while you waitng and Drop-Off Safety
- Slow down and obey all speed limits in school zones
- Stop completely for flashing red lights on school buses
- Put your phone away and avoid all distractions while driving
- Drop children off only in designated school zones and never double park

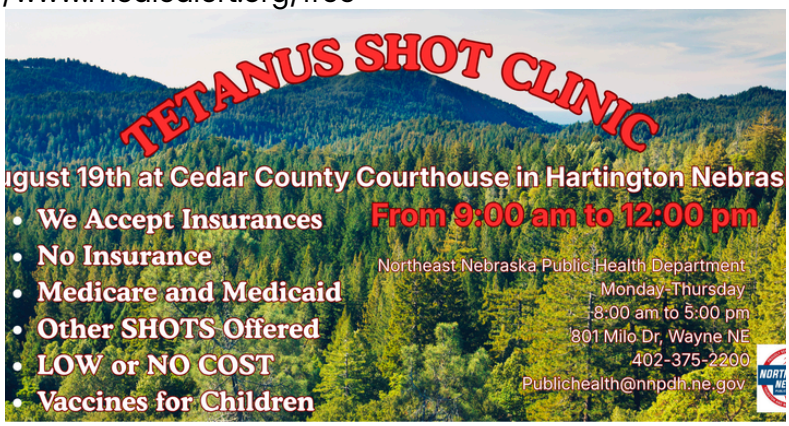


MES DE CONCIENTIZACIÓN SOBRE EL SISTEMA DE ALERTA MÉDICA

El Mes de Concientización sobre Alerta Médica se celebra cada agosto y está liderado por la Fundación Alerta Médica, una organización sin fines de lucro que creó el primer sistema universal de identificación médica del mundo. Esta conmemoración destaca el papel fundamental de las identificaciones médicas, como pulseras o collares, para proporcionar a los socorristas información vital sobre afecciones como diabetes, alergias, epilepsia, enfermedades cardíacas y demencia, especialmente cuando la persona que las usa no puede comunicarse. ¡Protéjase! Puede obtener una pulsera de alerta médica gratuita a través de programas como el programa de membresía patrocinada de Alerta Médica, ciertos planes de seguro, servicios para veteranos u organizaciones locales para personas mayores y organizaciones sin fines de lucro. Visite https://www.medicalert.org/free-medical-id/ para obtener más información.









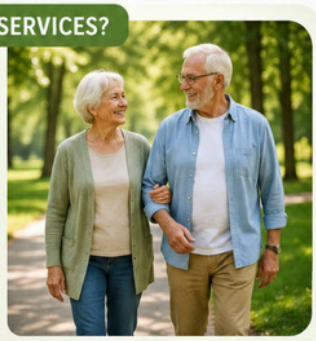


GRACEFUL YEARS

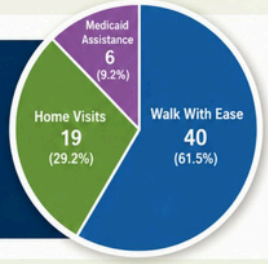
PREVENT, PROTECT AND PROMOTE
FOR EVERY SEASON OF LIFE

DID YOU KNOW WE OFFER THESE SERVICES?

- WALK WITH EASE PROGRAM
- HOME VISITS
- IN HOME MEDICATION SET UP
- IN HOME WELLNESS CHECKS
- HOUSEKEEPING AND MEAL PREP
- MEDICAID/SNAP APPLICATIONS AND RENEWALS



TAKE A LOOK AT HOW MANY PEOPLE USED OUR SERVICES *in July!*



This program is designed to help ages 50 and above who live in Dixon, Cedar, Thurston or Wayne Counties.

Our mission is to support older adults in living healthier, safer, and more independent lives—at home and in their community.

SERVING DIXON, CEDAR, THURSTON & WAYNE COUNTIES

1ST AUGUST

world BREASTFEEDING week

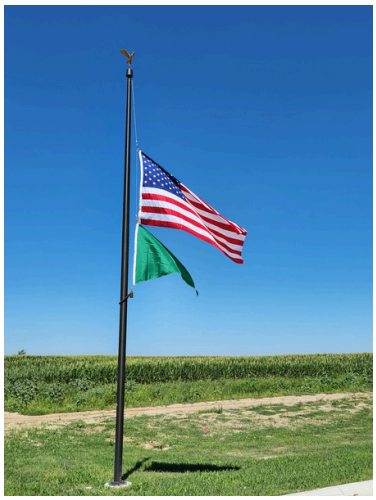


Welcome to World Breastfeeding Week! This week we celebrate breastfeeding, recognize the dedication of parents & caregivers, & highlight the importance of community support. Join us as we share information, tips, & resources throughout the week.

Northeast Nebraska Public Health Department
402-375-2200| www.nnphd.ne.gov

Air Quality Flag Program





CHECK OUT THE FLAGPOLE AT NNPHD TO SEE WHAT THE AIR QUALITY INDEX IS!



FARMER'S MARKETS 2026

FRESH PRODUCE

Enjoy a wide selection of farm-fresh fruits, vegetables, and herbs straight from local farms!

Counties of Cedar/ Dixon/ Thurston/ Wayne

Hartington - Burnells Food Town
Saturdays 8am - 11am
June 6 - October

Laurel - City Park
Saturday June 20th 10:00 - 12:00pm
Additional dates TBD

Ponca - Community Hall
Fridays 4pm - 7pm
Saturdays 9am - 1pm
May 22 - October 10

Winnebago -214 HoChunk Plaza N
Bi-weekly Fridays 10am - 4pm
May 22 - October

Wayne- Court House west lawn
Wednesdays 4pm - 6pm
Saturdays 9am - noon
June 3rd - October

City of Wayne - Community Garden plots available - $50 deposit water $10 yr Contact Melody for public use agreement. 402-375-1733

NORTHEAST NEBRASKA PUBLIC HEALTH DEPARTMENT
PROUDLY SERVING CEDAR, DIXON, THURSTON AND WAYNE COUNTIES

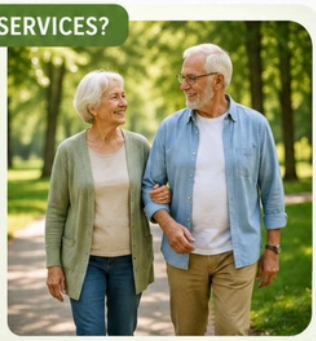
Sprout a healthier you
DIABETES ON TRACK
Northeast Nebraska Public Health Department

GRACEFUL YEARS

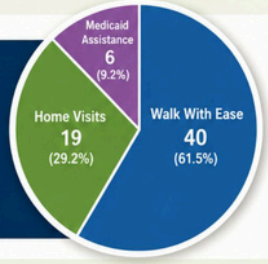
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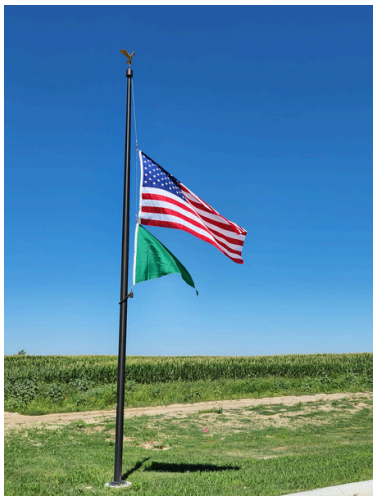


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¡CONSULTE EL ÍNDICE DE CALIDAD DEL AIRE EN EL MÁSTIL DE LA BANDERA DE NNPHD!



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NORTHEAST NEBRASKA PUBLIC HEALTH DEPARTMENT
DIXON AND WAYNE COUNTIES

Sprout a healthier you
DIABETES
ON TRACK
Northeast Nebraska Public Health Department





WHAT IS AUGUST KNOWN FOR?

NATIONAL IMMUNIZATION AWARENESS MONTH
NATIONAL WELLNESS MONTH
CHILDREN'S CANCER AWARENESS MONTH
NATIONAL BREASTFEEDING MONTH
MEDIC ALERT AWARENESS MONTH
NATIONAL DOG MONTH
NATIONAL WATER QUALITY MONTH
CHILD SUPPORT AWARENESS MONTH
NATIONAL FARMERS MARKET WEEK (FIRST WEEK OF AUGUST)
PURPLE HEART DAY (AUGUST 7TH)
NATIONAL BOOK LOVERS DAY (AUGUST 9TH)
NATIONAL NONPROFIT DAY (AUGUST 17TH)
WORLD BREAST CANCER RESEARCH DAY (AUGUST 18TH)
WORLD HUMANITARIAN DAY (AUGUST 19TH)
NATIONAL SENIOR CITIZENS DAY (AUGUST 21ST)
NATIONAL TOOTH FAIRY DAY (AUGUST 22ND)
WOMEN'S EQUALITY DAY (AUGUST 26TH)
NATIONAL GRIEF AWARENESS DAY (AUGUST 30TH)





¿POR QUÉ SE CONOCE A AGOSTO?

MES NACIONAL DE CONCIENTIZACIÓN SOBRE LA INMUNIZACIÓN MES NACIONAL DEL BIENESTAR MES NACIONAL DE CONCIENTIZACIÓN SOBRE EL CÁNCER INFANTIL MES NACIONAL DE LA LACTANCIA MATERNA MES NACIONAL DE CONCIENTIZACIÓN SOBRE ALERTA MÉDICA MES NACIONAL DEL PERRO MES NACIONAL DE LA CALIDAD DEL AGUA MES NACIONAL DE CONCIENTIZACIÓN SOBRE LA MANUTENCIÓN INFANTIL SEMANA NACIONAL DEL MERCADO DE AGRICULTORES (PRIMERA SEMANA DE AGOSTO) DÍA DEL CORAZÓN PÚRPURA (7 DE AGOSTO) DÍA NACIONAL DE LOS AMANTES DE LOS LIBROS (9 DE AGOSTO) DÍA NACIONAL DE LAS ORGANIZACIONES SIN FINES DE LUCRO (17 DE AGOSTO) DÍA MUNDIAL DE LA INVESTIGACIÓN DEL CÁNCER DE MAMA (18 DE AGOSTO) DÍA MUNDIAL DE LA ASISTENCIA HUMANITARIA (19 DE AGOSTO) DÍA NACIONAL DE LAS PERSONAS MAYORES (21 DE AGOSTO) DÍA NACIONAL DEL HADA DE LOS DIENTES (22 DE AGOSTO) DÍA DE LA IGUALDAD DE LA MUJER (26 DE AGOSTO) DÍA NACIONAL DE CONCIENTIZACIÓN SOBRE EL DUELO (30 DE AGOSTO)

Staff Direct Lines and Extensions

DIRECTORS

Jill Belt-Interim HD/Director of Operations/HR
ext. 211

Peggy Triggs-Director of Services
ext. 210

STAFF

Debbie Ussery-Public Health Nurse/DIS
ext. 215
Jackie Loecker-Public Health Nurse/DIS
ext. 216
Kalynn Palmisano-Public Health Specialist
ext. 217
Brittney Uhing-Public Health Nurse
ext. 203
Sarah Johnson-Program Specialist/DIS
ext. 218
JJ Jackson-Emergency Response
ext. 204
Teresa Jackson-Admin Specialist/HR Assistant ext. 201
Daniel Van Deest-Accreditation/Social Media
ext 219
Korbyn Nelson-Lead Inspector
Pat Brentlinger-Lead Program Manager
ext 212

COMMUNITY HEALTH STAFF

Janie Ortega-CHW Trainer ext 206
Hailie Brentlinger-Service Coordinator ext 213
Lisa Goodyear-CHW ext 209
Jessica Scott-Prenatal CHW ext 205
Megan Boamah-Geriatrics CHW

STOP IN FOR FREE TEST KITS

Radon test kits available in our office
Contact information on water test kits
Free condoms available at our office

CONTACT INFORMATION

Fax 402-375-2201
Confidential Fax 402-487-0519
Main office 402-375-2200

Líneas directas y extensiones del personal

PERSONAL

Debbie Ussery-Enfermera de Salud Pública/DIS ext.
215 Jackie Loecker-Enfermera de Salud Pública/DIS ext. 216
Kalynn Palmisano-Especialista en Salud Pública ext. 217
Brittney Uhing-Enfermera de Salud Pública ext. 203
Sarah Johnson-Especialista de Programa/DIS ext. 218
JJ Jackson-Respuesta a Emergencias ext. 204
Teresa Jackson-Especialista Administrativa/Asistente de Recursos Humanos ext. 201
Daniel Van Deest-Acreditación/Redes Sociales ext. 219
Korbyn Nelson-Inspector Principal
Pat Brentlinger-Gerente Principal de Programa ext. 212

DIRECTORES

Jill Belt - Directora Interina de Operaciones/Recursos Humanos, ext. 211

Peggy Triggs - Directora de Servicios, ext. 210

PERSONAL DE SALUD COMUNITARIA

Janie Ortega-Capacitadora de Trabajadores Comunitarios de Salud (ext. 206)
Hailie Brentlinger-Coordinadora de Servicios (ext. 213)
Lisa Goodyear-Trabajadora de Salud (ext. 209)
Jessica Scott-Trabajadora de Salud Prenatal (ext. 205)
Megan Boamah-Trabajadora de Salud Geriátrica

PÁSATE POR AQUÍ PARA CONSEGUIR KITS DE PRUEBA GRATUITOS.

Kits de prueba de radón disponibles en nuestra oficina.
Información de contacto para kits de prueba de agua.
Condones gratuitos disponibles en nuestra oficina.

INFORMACIÓN DEL CONTACTO

Fax 402-375-2201 Fax confidencial 402-487-0519
Oficina principal 402-375-2200