

Participation Application Form

Please complete all sections and print clearly.

First Name: _____ Last Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Work Phone: _____ Cell Phone: _____

Email: _____ Date of Birth: _____

In general, would you say your health is:

☐ Excellent

☐ Very Good

☐ Good

☐ Fair

☐ Poor

Do you use an assistive device for walking (i.e. a cane)? ☐ Yes ☐ No

Please briefly describe your current activity level and any physical limitations and/or health conditions you might have that would influence your participation in this program.

In case of emergency, please call:

Name: _____ Phone: _____

Relationship to You: _____